

# Cohere Medicare Advantage Policy Percutaneous Coronary Intervention (PCI)/ Angioplasty/Stent

**Clinical Guidelines for Medical Necessity Review** 

Version:

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#### **Policy Information:**

**Specialty Area:** Cardiovascular Disease

Policy Name: Cohere Medicare Advantage Policy - Percutaneous Coronary Intervention

(PCI)/Angioplasty/Stent

**Type:**  $[\underline{\mathbf{X}}]$  Adult (18+ yo) |  $[\underline{\mathbf{X}}]$  Pediatric (0-17 yo)

### **Table of Contents**

Important Notices	2
Medical Necessity Criteria	4
Service: Percutaneous Coronary Intervention (PCI)/	
Angioplasty/Stent	4
Related CMS Documents	4
Description	4
Medical Necessity Criteria	5
Indications	5
Non-Indications	6
Level of Care Criteria	7
Procedure Codes (CPT/HCPCS)	7
Medical Evidence	10
References	11
Clinical Guideline Revision History/Information	14

# **Medical Necessity Criteria**

Service: Percutaneous Coronary Intervention (PCI)/Angioplasty/Stent

#### **Related CMS Documents**

Please refer to the <u>CMS Medicare Coverage Database</u> for the most current applicable CMS National Coverage.<sup>1-4</sup>

- <u>Local Coverage Determination (LCD)</u>. <u>Percutaneous coronary intervention</u> (<u>L33623</u>)
  - o Billing and coding: Percutaneous coronary intervention (A56823)
- <u>Local coverage determination (LCD): Percutaneous coronary interventions</u> (L34761)
  - o Billing and Coding: Percutaneous coronary intervention (A57479)

#### **Description**

Coronary artery revascularization (percutaneous coronary intervention [PCI] versus coronary artery bypass graft surgery [CABG]) can occur in a number of clinical settings, including medical emergencies such as an acute myocardial infarction or an acute coronary syndrome, in contrast to less urgent environments, such as in stable ischemic heart disease. In the latter scenario, a PCI is typically performed during a heart catheterization for a symptomatic, significant stenosis or blockage that is refractory to optimal medical therapy or to improve survival.<sup>5</sup>

Coronary angiography remains the default method to define coronary anatomy and characterize the severity of coronary arterial stenoses. A visually estimated diameter stenosis severity of greater than or equal to 70% for non–left main disease and greater than or equal to 50% for left main disease has been used to define significant stenosis and to guide revascularization strategy. An angiographically intermediate coronary stenosis is defined as a diameter stenosis severity of 40–69% and generally warrants additional investigation to assess physiological significance.<sup>5</sup>

Coronary computed tomography angiography (CCTA) is gaining acceptance as an alternative to coronary angiography to define coronary anatomy.

#### **Medical Necessity Criteria**

#### **Indications**

A percutaneous coronary intervention (PCI), angioplasty, or stent is considered appropriate if **ANY** of the following is **TRUE**:

- For the management of ANY of the following:
  - o Coronary artery disease (CAD) with ANY of the following:
    - Acute coronary syndrome (e.g., acute MI, unstable angina)<sup>1,2</sup>; OR
    - Polymorphic ventricular tachycardia (VT); OR
    - Ventricular fibrillation (VF); OR
    - Recent cardiac arrest; OR
    - New onset severe left ventricle dysfunction (ejection fraction less than or equal to 35%)<sup>©</sup>; **OR**
    - Prior to transcatheter aortic valve replacement (TAVR)<sup>5,6</sup>; **OR**
  - History of significant obstructive atherosclerotic disease as defined by ANY of the following<sup>1,2,5</sup>:
    - Left main artery stenosis with **ANY** of the following<sup>7</sup>:
      - Stenosis greater than or equal to 50% by invasive angiography;
         OR
      - Minimum lumen area of less than 6 mm squared by intravascular ultrasound (IVUS); OR
      - Minimum lumen diameter of less than 2.8 mm by IVUS; OR
    - Non-left main artery stenosis greater than or equal to 70% by invasive angiography; OR
    - Intermediate non-left main artery stenosis (40-69% by invasive angiography) with fractional flow reserve (FFR) less than 0.80 or iFR less than 0.89; **OR**
  - Restenosis of a coronary artery previously treated with an intra-coronary stent or another revascularization procedure (50% or greater restenosis)<sup>1,2</sup>; OR
  - Acute ST-elevation myocardial infarction (STEMI)<sup>8</sup>; OR
  - The patient has had a prior heart transplant and now has severe cardiac allograft vasculopathy (as diagnosed by coronary angiography/intravascular ultrasound) with proximal, discrete lesion(s)<sup>6.9</sup>; OR

- Intravascular ultrasound (IVUS) or intracoronary ultrasound (ICUS), as indicated by ANY of the following<sup>1,2</sup>:
  - Need to assess the extent of coronary stenosis if equivocal on angiography; OR
  - Need to evaluate patency and integrity of the coronary artery post-intervention; OR
- Intravascular Doppler velocity and/or pressure-derived coronary flow reserve measurement is needed, and the degree of stenosis within a vessel must be assessed.<sup>12</sup>

\*NOTE: Ischemic equivalent: Examples include, but are not limited to, pain, pressure, tightness, or discomfort in the chest, shoulders, arms, neck, back, upper abdomen, or jaw; new ECG abnormalities; or other symptoms/findings suggestive of CAD. Clinical presentations in the absence of chest pain (e.g., dyspnea with exertion, fatigue, or reduced/worsening effort tolerance) consistent with CAD may also be considered an ischemic equivalent.<sup>10</sup>

#### **Non-Indications**

A percutaneous coronary intervention (PCI), angioplasty, or stent is not considered appropriate if ANY of the following is TRUE:

- Repeat diagnostic catheterization service without ANY of the following<sup>1</sup>:
  - New clinical event; OR
  - Change in symptomatology; OR
  - Results from an examination or other test; OR
  - Before completion of the staged intervention; OR
- Right heart catheterization and insertion of a Swan-Ganz catheter (unless medically necessary) when performed incident to a diagnostic catheterization before the intervention, as this is not generally medically necessary for a PCI<sup>1,2</sup>; OR
- Standby services of a surgeon or anesthesiologist<sup>1,2</sup>; OR
- The patient can be managed medically<sup>2</sup>; **OR**
- Stable ischemic heart disease with ALL of the following:
  - The patient has an unprotected left main CAD with unfavorable anatomy for PCI; AND
  - The patient is a good candidate for coronary artery bypass graft surgery (CABG); OR
- The patient has diabetes and multivessel CAD with the involvement of the LAD, and is an appropriate candidate for CABG (CABG with LIMA to LAD is

recommended over PCI to reduce mortality and repeat revascularizations).<sup>5</sup>

#### **Level of Care Criteria**

Inpatient or Outpatient

## Procedure Codes (CPT/HCPCS)

CPT/HCPCS Code	Code Description	
92920	Percutaneous transluminal coronary angioplasty into single major coronary artery	
92928	Percutaneous transcatheter insertion of stent into single major coronary artery	
92937	Percutaneous transluminal revascularization of a single coronary artery bypass graft with angioplasty	
92943	Percutaneous transluminal revascularization of chronic total occlusion of a single coronary artery branch with atherectomy, angioplasty, and insertion of stent	
C9600	Percutaneous transcatheter placement of drug eluting intracoronary stent(s), with coronary angioplasty when performed; single major coronary artery or branch	
C9604	Percutaneous transluminal revascularization of or through coronary artery bypass graft (internal mammary, free arterial, venous), any combination of drug-eluting intracoronary stent, atherectomy and angioplasty, including distal protection when performed; single vessel	
C9607	Percutaneous transluminal revascularization of chronic total occlusion, coronary artery, coronary artery branch, or coronary artery bypass graft, any combination of drug-eluting intracoronary stent, atherectomy and angioplasty; single vessel	

**Disclaimer:** S Codes are non-covered per CMS guidelines due to their experimental or investigational nature.

#### **Evaluation of Clinical Harms and Benefits**

Clinical determinations for Medicare Advantage beneficiaries are made in accordance with 42 CFR 422.101 guidance outlining CMS' required approach to decision hierarchy in the setting of NCDs/LCDs identified as being "not fully established". When clinical coverage criteria are "not fully established" Medicare Advantage organizations are instructed to create publicly accessible clinical coverage criteria based on widely-accepted clinical guidelines and/or scientific studies backed by a robust clinical evidence base. Clinical coverage criteria provided by Cohere Health in this manner include coverage rationale and risk/benefit analysis.

The potential clinical harms of using these criteria for the **management of** conditions stemming from narrowed or blocked coronary arteries or for heart transplant recipients with severe cardiac allograft vasculopathy may include:

• Adverse effects from delayed or denied treatment, such as delays or denials in the use of percutaneous coronary interventions (PCI), angioplasty, and stent procedures, can lead to increased symptoms and complications, especially in patients with severe coronary artery disease (CAD). The guideline published in 2021 by the American College of Cardiology (ACC), the American Heart Association (AHA), and the Society for Cardiovascular Angiography and Interventions (SCAI) emphasized the importance of timely intervention to prevent adverse outcomes in patients with significant heart conditions. The use of PCI for obstructive coronary stenoses in asymptomatic patients has been debated as the efficacy is unknown. Wakabayashi et al. (2010) performed a comparative study (n=1944) of outcomes at 1-year following elective PCI in patients with stable CAD. The authors noted a correlation between asymptomatic patients and an increased risk of mortality at 1-year following PCI.

The clinical benefits of using these criteria for the **management of conditions stemming from narrowed or blocked coronary arteries or for heart transplant recipients with severe cardiac allograft vasculopathy** may include:

Improved patient selection, resulting in better long-term outcomes.
 Ensuring timely and appropriate access to PCI procedures for the patients selected for the best outcomes. The goal is to provide accurate

diagnostics and effective treatment planning, reducing the risk of complications and improving overall patient health. The guidelines for the management of coronary disease emphasize the diagnostic accuracy of imaging and monitoring procedures in managing patients with heart conditions. <sup>6,12</sup>

The potential clinical harms of using these criteria for **revascularization** may include:

 Adverse effects from delayed or denied treatment include increased healthcare costs and complications stemming from inappropriate use of emergency services and additional treatments.<sup>5,7</sup>

The clinical benefits of using these criteria for **revascularization or for candidates for coronary artery bypass surgery with diabetes and multivessel CAD with the involvement of the left anterior descending artery (LAD)** may include:

 Improved patient selection, resulting in better long-term outcomes. Proper use of PCI criteria helps to avoid unnecessary interventions and their associated risks, thus safeguarding patient health. Guidelines support the necessity of appropriate diagnostic and treatment procedures to prevent unnecessary healthcare utilization.

## **Medical Evidence**

In 2024, the Society for Cardiovascular Angiography and Interventions (SCAI) issued an expert consensus on treating patients with ST-elevation myocardial infarction (STEMI) through percutaneous coronary intervention (PCI). The authors acknowledge the complexity of managing multivessel disease, present in about half of patients with STEMI, and therefore recommend complete revascularization with treatment of the non-infarct stenosis. At the time of authorship of the statement, the existing guidelines recommend staged PCI among stable patients, although research in this area is ongoing with respect to the optimal timing of resolution of non-culprit lesions.<sup>8</sup>

Virani et al. (2023) developed a clinical practice guideline for the management of patients with chronic coronary artery disease (CAD) for the American Heart Association (AHA) and the American College of Cardiology (ACC). Revascularization is a strong recommendation in patients with life-limiting angina who are currently on guideline-based medical therapy (GDMT) and with significant coronary artery stenoses. Due to higher survival rates, coronary artery bypass grafting (CABG) is recommended over PCI in patients with CAD with significant left main artery involvement associated with high-complexity CAD. §

In 2021, the ACC, AHA, and SCAI published a clinical practice guideline for coronary artery revascularization. Surgical revascularization is indicated for patients with significant left main disease. Percutaneous revascularization is a reasonable option to improve survival compared with medical therapy in selected patients with low to medium anatomic complexity of CAD and left main disease that is suitable for revascularization. In patients with stable ischemic heart disease, normal left ventricular ejection fraction, and triple vessel CAD, surgical revascularization may be reasonable, and the percutaneous revascularization survival benefit is uncertain.<sup>5</sup>

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# Clinical Guideline Revision History/Information

Original Date: June 3, 2024			
Review History			
Version 2	06/11/2024	422.101 Disclaimer Added	
Version 3	05/22/2025	Annual review.	
		Added indication for "acute ST-elevation myocardial infarction (STEMI)."	
		Added indication for "prior heart transplant with severe cardiac allograft vasculopathy."	
		Revised Harms & Benefits section.	
		Added non-indications as specified by CMS 2023, 2019; Lawton et al., 2021.	
		Literature review - Medical Evidence section updated (Tamis-Holland, 2024).	