

Cohere Medical Policy -Percutaneous Coronary Intervention (PCI)/Angioplasty/Stent Clinical Guidelines for Medical Necessity Review

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Guideline Information:

Specialty Area: Cardiovascular Disease

Guideline Name: Percutaneous Coronary Intervention/Angioplasty/Stent

Date of last literature review: 1/9/2025 Document last updated: 1/16/2025

Type: $[\underline{X}]$ Adult (18+ yo) | $[\underline{X}]$ Pediatric (0-17yo)

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Medical Necessity Criteria

Service: Percutaneous Coronary Intervention (PCI)/Angioplasty/Stent

Recommended Clinical Approach

Coronary artery revascularization is the process of reestablishing blood flow through the coronary arteries that vascularize the cardiac muscle. This is accomplished through a traditional, open approach (coronary artery bypass graft surgery, CABG) or a minimally invasive approach (percutaneous coronary intervention, PCI). Coronary revascularization is used to treat medical emergencies such as acute myocardial infarction or acute coronary syndrome, in contrast to less urgent environments, such as in stable ischemic heart disease (SIHD). In the latter scenario, a PCI is typically performed during a heart catheterization for symptomatic, significant stenosis or blockage that is refractory to optimal medical therapy, or to improve survival.

For patients being considered for coronary revascularization and for whom the optimal treatment strategy is unclear, a multidisciplinary heart team (which includes the cardiologist, cardiac surgeon, and other specialists) is recommended. Treatment decisions should be patient-centered, incorporate patient preferences and goals, and include shared decision-making.

Coronary angiography remains the default method to define coronary anatomy and characterize the severity of coronary arterial stenoses. A visually estimated diameter stenosis severity of greater than or equal to 70% for non-left main disease and greater than or equal to 50% for left main disease has been used to define significant stenosis and to guide revascularization strategy. An angiographically intermediate coronary stenosis is defined as a diameter stenosis severity of 40% to 69% and generally warrants additional investigation to assess physiological significance. Coronary computed tomography angiography (CCTA) is gaining acceptance as an alternative to coronary angiography to define coronary anatomy.

Medical Necessity Criteria

Indications

- → **Percutaneous coronary intervention** is considered appropriate if **ANY** of the following is **TRUE**¹⁻⁹:
 - ◆ The patient has significant coronary artery disease (CAD) and ANY of the following:
 - Ventricular fibrillation (VF); OR
 - Polymorphic ventricular tachycardia (VT); OR
 - Prior cardiac arrest; OR
 - Severe left ventricle dysfunction (ejection fraction less than or equal to 35%)⁴; OR
 - Prior to transcatheter aortic valve replacement (TAVR)^{1,15}; OR
 - Prior to renal transplantation !! OR
 - Prior to liver transplantation 7-19; **OR**
 - The patient has acute ST-elevation myocardial infarction (STEMI);
 OR
 - ◆ Non-ST-elevation acute coronary syndrome (NSTE-ACS); OR
 - ◆ Unstable angina; OR
 - Refractory angina (or ischemic equivalent*) and ALL of the following:
 - Symptoms despite optimal medical therapy (GDMT, including two anti-anginal drugs or documented intolerance)⁴; AND
 - Significant coronary artery stenoses as shown by ANY of the following:
 - Significant anatomic stenosis greater than or equal to 50% left main; OR
 - Significant anatomic stenosis greater than or equal to 70% non-left main CAD; OR
 - Significant physiological stenosis: fractional flow reserve (FFR) less than or equal to 0.80 or instantaneous wave-free ratio (iFR) less than or equal to 0.89; OR
 - ◆ The patient has stable ischemic heart disease (SIHD) and **ANY** of the following:
 - Multivessel CAD with significant stenoses in the three major coronary arteries that are suitable for PCI; OR

- ALL of the following¹²:
 - Significant left main stenosis (greater than or equal to 50%); AND
 - PCI is expected to provide equivalent revascularization to coronary artery bypass graft surgery (CABG); OR
- In stable patients with STEMI and multivessel disease, staged PCI may be performed, after successful primary PCI, for a significant non-infarct (non-culprit) artery stenosis; OR
- ◆ The patient has had a prior heart transplant and now has severe cardiac allograft vasculopathy (as diagnosed by coronary angiography/intravascular ultrasound) with proximal, discrete lesion(s).^{4,10-11}

*Ischemic equivalent: Examples include, but are not limited to, pain, pressure, tightness, or discomfort in the chest, shoulders, arms, neck, back, upper abdomen, or jaw; new ECG abnormalities; or other symptoms/findings suggestive of CAD. Clinical presentations in the absence of chest pain (e.g., dyspnea with exertion, fatigue, or reduced/worsening effort tolerance) consistent with CAD may also be considered an ischemic equivalent.¹⁴

Non-Indications

- → Percutaneous coronary intervention is NOT considered appropriate if ANY of the following is TRUE^{1-9,12-13}:
 - ◆ Stable ischemic heart disease (SIHD) and **ALL** of the following:
 - The patient has an unprotected left main CAD with unfavorable anatomy for PCI; AND
 - The patient is a good candidate for CABG; OR
 - Patient requires revascularization for significant left main CAD with high-complexity CAD (CABG is recommended over PCI to improve survival); OR
 - Patient requires revascularization for multivessel CAD with complex or diffuse CAD (e.g., SYNTAX score greater than 33) (CABG is recommended over PCI to improve survival); OR
 - Patient has diabetes and multivessel CAD with the involvement of the LAD, and is an appropriate candidate for CABG (CABG with LIMA to LAD is recommended over PCI to reduce mortality and repeat revascularizations).

Level of Care Criteria

Inpatient or Outpatient

Procedure Codes (HCPCS/CPT)

HCPCS Code	Code Description/Definition	
92920	Percutaneous transluminal coronary angioplasty into single major coronary artery	
92928	Percutaneous transcatheter insertion of stent into single major coronary artery	
92937	Percutaneous transluminal revascularization of a single coronary artery bypass graft with angioplasty	
92943	Percutaneous transluminal revascularization of chronic total occlusion of a single coronary artery branch with atherectomy, angioplasty, and insertion of stent	
C9600	Percutaneous transcatheter placement of drug eluting intracoronary stent(s), with coronary angioplasty when performed; single major coronary artery or branch	
C9604	Percutaneous transluminal revascularization of or through coronary artery bypass graft (internal mammary, free arterial, venous), any combination of drug-eluting intracoronary stent, atherectomy and angioplasty, including distal protection when performed; single vessel	
C9607	Percutaneous transluminal revascularization of chronic total occlusion, coronary artery, coronary artery branch, or coronary artery bypass graft, any combination of drug-eluting intracoronary stent, atherectomy and angioplasty; single vessel	

Medical Evidence

Lawton et al. (2022) published a clinical practice guideline for the American College of Cardiology, the American Heart Association, and the Society for Cardiovascular Angiography and Interventions to describe the best practices of coronary artery revascularization. It recommended that, in patients with significant left main disease, traditional surgical revascularization be undertaken. Percutaneous revascularization (PCI) is a reasonable option to improve survival as compared with medical therapy in selected patients with low to medium anatomic complexity of coronary artery disease and left main disease that is suitable for revascularization. In patients with stable ischemic heart disease, normal left ventricular ejection fraction, and triple vessel coronary artery disease, surgical revascularization may be reasonable.¹

Virani et al. (2023) developed a clinical practice guideline for managing patients with chronic coronary disease for the American Heart Association and the American College of Cardiology. Revascularization has a strong recommendation in patients with lifestyle–limiting angina who are currently on guideline-based medical therapy (GDMT) and who have significant coronary artery stenoses. Due to higher survival rates, coronary artery bypass grafting (CABG) is recommended over PCI in patients with chronic coronary disease with significant left main artery involvement associated with high-complexity CAD.⁴

In 2024, the Society for Cardiovascular Angiography and Interventions (SCAI) issued an expert consensus on treating patients with ST-elevation myocardial infarction (STEMI) through PCI. The authors acknowledge the complexity of managing multivessel disease, present in about half of patients with STEMI, and therefore recommended complete revascularization with treatment of the non-infarct stenosis. At the time of authorship of the statement, the existing guidelines recommend staged PCI among stable patients-although research in this area is ongoing with respect to the optimal timing of resolution of non-culprit lesions.²

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Clinical Guideline Revision History/Information

Original Date: December 29, 2023				
Review History				
Version 2	January 16, 2025	 Annual Policy Review & Restructure: Updated recommended clinical approach to the current format. Consolidated redundant indications. Reorganized order of indications for improved clarity. Added indication for cardiac allograft vasculopathy. Added indication for management of significant CAD among patients with left ventricle dysfunction. Added indication for pre-TAVR, pre-renal transplant, pre-liver transplant patients. Defined ischemic equivalent with previously-used language. Updated medical evidence. Updated references. 		